

# BAL VIKAS SCHOOL

GOVT. RECOGNIZED & AFFILIATED TO C.B.S.E.

24, GTB COLONY, MODEL TOWN, PHONE:0180-4018098,4019098

TRAINING RECORD FOR SESSION: 2024-25

NAME : SONIA ARORA

DESIGNATION : PRT

ONLINE TRAININGS ATTENDED:  
ORGANISED BY CBSE PORTAL, DIKSHA, NCERT, NCERT-CIET

S.NO.	NAME OF TRAINING AS PER CERTIFICATE	TOTAL HOURS	TRAINING DATE
1	Role of guidance and counselling services in schools	1.5	02/06/2023
2	Safe online Communication	5.0	03/07/2023 ~ 07/07/2023
3	Counselling Approaches	1.5	23/07/2023
4	Development of eContent	5.0	24/07/2023 ~ 28/07/2023
5	Digital Wellness	5.0	02/10/2023 ~ 06/10/2023
6	Counselling Techniques	1.5	17/10/2023
7	Social Media and Cybersecurity	5.0	30/10/2023 ~ 03/11/2023
8	Cyber safety and security	1.5	08/11/2023
9	CPD_Environmental Hazards of Electronic waste (E-waste)_Batch3	4.0	25/12/2023
10	CPD_Catch the rain_Eng_Batch_3	4.0	11/01/2024
11	Significance of the early years-B3	5.0	15/01/2024
12	Planning a play-based Learning Environment-B3	5.0	17/01/2024
13	Play-based Activities for Holistic Development-b3	5.0	25/02/2024

OFFLINE TRAININGS ATTENDED:

S.NO.	NAME OF TRAINING AS PER CERTIFICATE	TOTAL HOURS	TRAINING DATE
1	Ethics and Integrity	14.00	19/08/2023 ~ 20/08/2023

TOTAL ONLINE + OFFLINE TRAINING HOURS: 63.0